Proposed plan for withdrawing from daily Effexor dose of 150 mgs.

Week #	total	75mg	37.5mg	compound
week 1	140.00	1 @ 75	1 @ 37.5	11 @ 2.50
week 2	130.00	1 @ 75	1 @ 37.5	7 @ 2.50
week 3	120.00	1 @ 75	1 @ 37.5	3 @ 2.50
week 4	110.00	1 @ 75		14 @ 2.50
week 5	100.00	1 @ 75		10 @ 2.50
week 6	90.00	1 @ 75		6 @ 2.50
week 7	80.00	1 @ 75		2 @ 2.50
week 8	70.00		1 @ 37.5	13 @ 2.50
week 9	67.50		1 @ 37.5	12 @ 2.50
week 10	65.00		1 @ 37.5	11 @ 2.50
week 11	62.50		1 @ 37.5	10 @ 2.50
week 12	60.00		1 @ 37.5	9 @ 2.50
week 13	57.50		1 @ 37.5	8 @ 2.50
week 14	55.00		1 @ 37.5	7 @ 2.50
week 15	52.50		1 @ 37.5	6 @ 2.50
week 16	50.00		1 @ 37.5	5 @ 2.50
week 17	47.50		1 @ 37.5	4 @ 2.50
week 18	45.00		1 @ 37.5	3 @ 2.50
week 19	42.50		1 @ 37.5	2 @ 2.50
week 20	40.00		1 @ 37.5	1 @ 2.50
week 21	37.50		1 @ 37.5	0 @ 0.00
week 22	35.00			14 @ 2.50
week 23	32.50			13 @ 2.50
week 24	30.00			12 @ 2.50
week 25	27.50			11 @ 2.50
week 26	25.00			10 @ 2.50
week 27	22.50			9 @ 2.50
week 28	20.00			8 @ 2.50
week 29	17.50			7 @ 2.50
week 30	15.00			6 @ 2.50
week 31	12.50			5 @ 2.50
week 32	10.00			4 @ 2.50
week 33	9.00			9 @ 1.00
week 34	8.00			8 @ 1.00

week 35	7.00	7 @ 1.00
week 36	6.00	6 @ 1.00
week 37	5.00	5 @ 1.00
week 38	4.00	4 @ 1.00
week 39	3.00	3 @ 1.00
week 40	2.00	2 @ 1.00
week 41	1.00	1 @ 1.00